

Program Thursday 23. September

- 09.00 **Welcome.** Solfrid Lind, CEO, Kristiania University College
- 09.10 **Women's health and late effects.** Ellen Harris Utne, Chairperson, Norwegian Breast Cancer Society
- 09.20 **Ikke bare fatigue. Hvordan skape helhetlige forløp og god samhandling for kreftoverlevende?**
Bente Thorsen, MD, Samhandlingsoverlege, spesialist i allmenn- og samfunnsmedisin, Oslo University Hospital
- 09.50 **Use of acupuncture in rehabilitation of cancer survivors in USA.** Jun James Mao, MD, Chief, Integrative Medicine Service, Memorial Sloan Kettering Cancer Center, New York
- 10.20 **A patient's story – experience with acupuncture for fatigue.**
- 10.30 **Coffee break**
- 10.45 **Sexual health after breast cancer.** Ragnhild Emilie Åsberg, PhD Candidate, Department of Circulation and Medical Imaging, Faculty of Medicine and Health Sciences, Norwegian University of Science and Technology
- 11.15 **Panel Discussion: Cancer free, but not well.** What is it like to live with fatigue? Fatigue - a profound health problem for breast cancer survivors. Panel: *Ellen Harris Utne, Chairperson, Norwegian Breast Cancer Society, User participant, Arne Johan Norheim, specialist in general practice, professor Health Services Research, leader of Registry of Exceptional Courses of Disease, and Terje Alræk, professor Health Sciences, Kristiania University College.* Moderator: *Hilde Skjerve, Vice-dean, Kristiania University College.*
- 12.00 **Lunch break**
- 12.45 **Recommendations about the use acupuncture for treatment of fatigue in cancer survivors.**
Stephen Birch, PhD, Health Sciences, Kristiania University College
- 13.15 **Personalized Self-Acupressure for Pain and Co-Occurring Symptoms in Cancer Survivors: efficacy and mechanism.** Richard Harris, PhD, Chronic Pain and Fatigue Research Center, University of Michigan
- 13.45 **AcuBreast – fatigue in breast cancer survivors, is acupuncture a relevant treatment option? - A pragmatic randomized, controlled trial.** Terje Alræk, PhD, Professor Health Sciences, Kristiania University College
- 14.10 **Mingling and social gathering.**

Program Friday 24. September

- 09.00 **Developing an Integrative Treatment Program for Cancer-Related Fatigue Using Stakeholder Engagement.**
Claudia Witt, MD, PhD. Professor Dr. med., Medical Faculty of the University of Zurich
- 09.30 **Acupuncture for chemotherapy-induced peripheral neuropathy in breast cancer survivors – a RCT**
Weidong Lu, PhD. Zakim Cen for Integrative Therapies, Dana-Farber Cancer Institute, Boston, USA
- 10.00 Coffee break
- 10.10 **Acupuncture for Cancer Survivors - Hot Flashes and Xerostomia, How to inspire and empower people with cancer**
Gary Deng, MD, PhD, Medical Director, Integrative Medicine Service, Memorial Sloan Kettering Cancer Center, NY
- 11.00 **Acupuncture for fatigue in breast cancer survivors – an updated systematic review and meta-analysis**
Myeong Soo Lee, PhD. Principal Researcher, Korea Institute of Oriental Medicine. Professor, University of Science and Technology, Daejeon, Korea.
- 11.30 **Lunch break**
- 12.30 **Insular Neurotransmitter Balance and Associated Connectivity in Fibromyalgia is Intertwined with Pain and Acupuncture Analgesia.** Richard Harris, PhD, Chronic Pain and Fatigue Research Center, University of Michigan
- 12.55 **Challenges and Opportunities of Training Oncology Acupuncturists.** Jun James Mao, MD, Chief, Integrative Medicine Service, Memorial Sloan Kettering Cancer Center, New York
- 13.25 **Coffee break**
- 13.40 **Competence acquirements for oncological acupuncture.** Weidong Lu, PhD. Zakim Cen for Integrative Therapies, Dana-Farber Cancer Institute, Boston, USA
- 14.10 **Q&A.** Gary Deng. Moderator: Terje Alræk.